

# **PIONEERING INSIGHTS IN EDUCATION AND COUNSELLING PSYCHOLOGY**

**A FESTSCHRIFT IN HONOUR OF AN ERUDITE SCHOLAR, PROF. JUDAH TUNDE  
BAMISAYE OLUWATIMILEHIN**

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## **Dedication**

This book is dedicated to the pioneering efforts of Prof. Judah Tunde Bamisaye Oluwatimilehin Oluwatimilehin in the advancement of Teacher Education and Counseling Psychology in Nigeria.

## CONTENTS

<b>Cohort Analysis Model: Underpinning Theories and Applications for Planning and Tracking Education Progress in Nigeria:</b> <i>Olaniyi, O. S. and Alake, M. A.</i>	<b>1-6</b>
<b>Parenting Styles as Predictors of Mental Well-Being among Adolescents in Ogun State, Nigeria:</b> <i>Oyinlola, J. D.</i>	<b>7-11</b>
<b>Assessment of Domestic Support, Family-Work Balance and Marital Obligations of Career Women in Ogun State:</b> <i>Tobih, D. O. and Abe, M. A.</i>	<b>12-21</b>
<b>Effect of Domestic Violence on the Psychological Welfare of Adolescents in Ogun State: Toward a more Gender Encompassing Understanding:</b> <i>Adejobi, T. O., Odetola, O. M. and Ajani M. K.</i>	<b>22-29</b>
<b>Application of Classical Test Theory in the Development, Validation, and Standardization of Multiple-Choice Basic Science Test Items for Secondary School Teachers' Use:</b> <i>Ajayi, O. A. and Salam, R. I.</i>	<b>30-41</b>
<b>Assessing Parental Support on Career Decision-Making among Undergraduates in Public Universities in Lagos State, Nigeria:</b> <i>Elegbede C. B. and Abidogun, M. A.</i>	<b>42-50</b>
<b>Influence of Work Stress, Motivation and Job Hazard on Attitude of Nurses in Lagos State Public Hospitals:</b> <i>Ojo, A. C., Hassan, E. M. and Saka, O. Y.</i>	<b>51-56</b>
<b>Curbing Drug Abuse Among Special Needs Students: The Critical Roles of Counselling Psychologists:</b> <i>Adeleye, A. A. and Atolagbe, S. O.</i>	<b>57-61</b>
<b>Navigating Cultural Landscapes: Identity Crises and Challenges among Yoruba Adolescents:</b> <i>Oluwatimilehin, J. T. B., Odeleye, B. D. and Musa, S. O.</i>	<b>62-65</b>
<b>Acumen on Marital Counselling:</b> <i>Ositoye, A. O. and Adebayo, O. R.</i>	<b>66-69</b>
<b>Parental Socio-Economic Status and Peer Pressure as Predictors of Social Adjustment among Secondary School Adolescents in Atibalocal Government Oyo:</b> <i>Kazeem, R. A. and Asiyanni, M. S.</i>	<b>70-75</b>
<b>Childhood Trauma, Resilience and Locus of Control as Predictors of Deviant Behaviour among Public Secondary School Students in Sagamu Local Government:</b> <i>Bello, A. A. and Olaniyan, D. O.</i>	<b>76-82</b>
<b>Empowering the Future: Vocational Guidance Programmes and Interventions as Catalysts for Youth Employability and Economic Development:</b> <i>Emma-Jimo, E.</i>	<b>83-87</b>
<b>Impact of Counselling Services on Students' Academic Achievement in Tai Solarin Federal University of Education Senior Secondary School, Ijebu-Ode, Ogun State:</b> <i>Bello, A. A., Ibrahim, J. A. and Durojaiye, O. I.</i>	<b>88-93</b>
<b>Achieving a Balanced Assessment Framework: The Role, Principles and Challenges of Integrating Formative and Summative Assessments:</b> <i>Salam, R. I. and Oyeleke, O. O.</i>	<b>94-97</b>

- Influence of Self Efficacy on Career Choice of Secondary School Adolescent Students in Afijio Local Government of Oyo State:** *Shittu, S. A., Ojediran, N. A. and Ajewole, E. A.* **98-105**
- Workers' Emotional and Social Intelligence in a Workplace: Issues and Challenges:** *Owoyele, J. W., Kareem, A. O., and Owoyele, M. O.* **106-109**
- Awareness and Ethical Usage of Artificial Intelligence (AI) among Postgraduate Students in Ogun State Public Universities:** *Osiyemi, E. S., Adewale, K. A. and Ibanga, V.* **110-115**
- Efficacy of Technology-Enhanced Assessment Tools in Measuring Adolescent Emotional Intelligence:** *Hassan, E. M. and Obot, S. J.* **116-121**
- Design of Classroom Climate and Teaching Effectiveness Observation Schedule (CLATEOS) for Classroom interaction and Time Sampling:** *Ajayi, O. A. and Adewale, K. A.* **122-129**
- Complex Interplay of Factors that Influence Parenting Styles and Child Development:** *Joaquim, E. C.* **130-135**
- Navigating the Intersection of Spirituality and Mental Health in Adolescence: A Holistic Approach to Counseling:** *Oladipo, S.E., King-Oladipo, C. P. and Oarhe-Adekola, O. E.* **136-140**

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## **FOREWORD**

This book written in honour of one of our distinguished Professors in the Department of Counselling Psychology and Educational Foundations is a master-piece addressing broad areas in the field of Education and Counselling Psychology. Each of the chapters addresses contemporary and significant issues that are of great relevance to the education industry in particular and national developmental efforts in general. The overall goal is to put those issues into proper perspectives and facilitate a deeper understanding of trends in education and counseling psychology.

The scholar in whose honour the book was written is a colossus, an intellectual giant whose rich experiences and intellectual works contributed in no small measures to the field of counseling Psychology in particular and teacher-education in general. hence, the book is segmented into various sections to adequately address the broad areas of this scholar – Education, Marital and Family Therapy, Career Counselling and General Counselling Psychology. No doubt, Prof. Judah Tunde Bamisaye Oluwatimilehin Oluwatimilehin has contributed greatly to academic discourse on these issues.

Therefore, the Department of Counselling Psychology and Educational Foundations, College of Specialised and Professional Education, Tai Solarin University of Education, Ijagun, Nigeria considered it a necessity to open up these areas for further academic discourses in honour of this distinguished scholar who once served as the Head of this Department. Consequently, I commend the editors, authors and all those who contributed to the realization of this feat and recommend the book to counseling Psychologists, Educators and the general reading public.

**‘Wale Ositoye**

Professor and Head,  
Department of Counselling Psychology and Educational Foundations

## PREFACE

There is time to everything under the heaven. This phrase speaks to the person of a great scholastic status, an accomplished academic of high repute who bows out of active service in Tai Solarin University of Education, Ijagun, Nigeria. The academic giant in perspective is no other person than Professor Judah Tunde Bamisaye Oluwatimilehin. I considered it a great privilege to be called upon to write the preface to a book of readings put together in honour of this great man of fate whose academic sojourn spanned almost forty years across the College of Education to the University. No gain saying the fact that Professor J. T. B. Oluwatimilehin contributed immensely to knowledge economy and human capital development, a reflection of which is the large volume of local and international publications involving journals, conference proceedings, books of readings and textbooks by him and in addition countless number of students who passed through him and today flourishing in different sectors of the economy and more importantly in the academia.

For such a man with a huge academic profile, the best that anybody could consider for him is to find a means to preserve his legacy for posterity. The book titled “Pioneering insights in Education and Counselling Psychology” is a reflection of his specialization, research interest and passion which include adolescence psychology, vocational psychology, religious and marital counselling, human growth and development. The twenty three chapters of the book were carefully written as they provide insights into contemporary issues in the Education industry in such a manner that curiosity and quest for knowledge in whoever picks up the book to read will be activated. The chapters were arranged into four themes presented in units: Education, Marital and Family therapy, Career Counselling and General Counselling Psychology. The language of expression and structure by the authors was such that makes the book relevant and suitable for the use of students pursuing National Certificate in Education (N.C.E), Bachelors’ degree in Education, Degree of Master in Education and Doctor of Philosophy.

Education being the first theme comprises chapters addressing the general knowledge that appeals to theory and practice of Education. Specifically, the topics are: Achieving a balanced assessment framework: the role, principles and challenges of integrating formative and summative assessments; Application of Classical Test Theory in the development, validation, and standardisation of multiple-choice Basic Science Test items for secondary school teachers'

use; Cohort analysis model: underpinning theories and applications for planning and tracking education progress in Nigeria; Influence of work stress, motivation and job hazard on attitude of nurses in Lagos State public hospitals; Empowering the future: Vocational guidance programmes, and interventions as catalysts for youth employability and economic development; Navigating cultural landscapes: identity crises and challenges among Yoruba adolescents.

In the marital and family therapy unit, there are four topics: Effect of domestic violence on the psychological welfare of adolescents in Ogun State: toward a more gender encompassing; understanding; Acumen on marital counseling; Marriage and family therapy: concepts, approaches, and challenges; Assessment of domestic support, family-work balance and marital obligations of career women in Ogun State. The Career Counselling unit comprises; Assessing parental support on career decision-making among undergraduates in public Universities in Lagos State, Nigeria; Influence of self-efficacy on career choice of secondary school adolescent students in Afijio Local Government Area of Oyo State; Impact of Counselling Services on Students' Academic Achievement in Tai Solarin University of Education Senior Secondary School, Ijebu-Ode, Ogun State.

The fourth unit of the book encompasses ideas written on General Counselling Psychology. There are six chapters addressing this unit: Parental socio-economic status and peer pressure as predictors of social adjustment among secondary school adolescents in Atiba Local Government Oyo; Complex interplay of factors that influence parenting styles and child development; Curbing drug abuse among special needs students: the critical roles of counselling psychologists; Parenting styles as predictors of mental well-being among adolescents in Ogun State, Nigeria; Navigating the intersection of spirituality and mental health in adolescence: A holistic approach to counseling; Efficacy of Technology-Enhanced Assessment Tools in measuring adolescent emotional intelligence.

The editors regret, peradventure any human errors traceable to the typesetting and compilation of the publication. However, other errors in content, grammar and structure that might be noticed in the publication are purely those of the authors.